



# Liberty's 2nd Annual *LUNCH For The BREAK*

By Grade

## Food Drive



Issaquah Food & Clothing Bank  
**LUNCH FOR THE BREAK**

Lunch For The Break is a true community partnership that serves all of the Issaquah School District, working to make sure all ISD students have enough to eat, even when school is not in session. LFTB provides a FREE BOX OF GROCERY ITEMS that can be used to make breakfast, lunch and snacks, and serves about 450 students each school break.

The goal this year is to put together **at least 30 boxes of food** for Mid-Winter Break. Please consider helping our ISD community AND our own Liberty families by donating the items needed below. Each box contains all of these items.

Questions? Contact Outreach at [outreach@libertyhighpts.com](mailto:outreach@libertyhighpts.com)

More information at [www.issaquahfoodbank.org/lunchforthebreak](http://www.issaquahfoodbank.org/lunchforthebreak)

## FOOD DRIVE: Jan 29th - Feb 11th

### Bring Donations to Collection Boxes in the Commons

FRESHMEN	SOPHOMORES	JUNIORS	SENIORS
Box Macaroni & Cheese (4)	Canned tuna/chicken/salmon (2)	Oatmeal or cereal, 18oz (1)	White rice 16-32 oz bag (1)
Crackers, 16 oz box (1)	Box of pasta noodles, 16 oz (1)	Granola bars box (1)	Peanut butter, 16 oz (1)
Canned fruit (2)	Dry black or pinto beans, 16oz bag (1)	Jelly, 16 oz (1)	Progresso /Chunky soups, 19oz (2)
Juice/milk boxes, 6-8pk (1)	Corn tortillas (1 pkg)	Pasta sauce, 16-24 oz bottle (1)	

*All Item Sizes Are Guidelines Only*